

Core Plan Rates and Calculation Worksheet

Use the rates in the Age/Rate Table to calculate your benefit and premium for voluntary Short-Term Disability coverage in the worksheet below.

Age	Rate
< 25	\$0.936
25 - 29	\$0.954
30 - 34	\$0.855
35 - 39	\$0.594
40 - 44	\$0.468
45 - 49	\$0.504
50 - 54	\$0.567
55 - 59	\$0.639
60 - 64	\$0.693
65+	\$0.756

Benefit and Premium Calculation Worksheet

A. Enter your weekly salary*	\$ _____
B. Multiply by your benefit percentage choice (.40, .50 or .60)** = weekly Benefit	\$ _____
C. Divide B by 10	\$ _____
D. Multiply C by the rate above for your age = monthly premium	\$ _____

*** If you are uncertain what your current weekly salary is, please consult your employer.**

**** Weekly benefit cannot exceed \$1,500.**